

The Graceful Connection

May 2025



Latest News from the Gem at Town Village Sterling Heights Newsletter

Hello everyone, and a warm welcome to May at The Gem!

As the days grow brighter and the flowers bloom, we're looking forward to a month filled with joyful moments. We'll be kicking things off with a festive Cinco De Mayo celebration on the 5th, bringing a little spice and fun to our day. Then, on Wednesday, May 7th, we have a very special occasion – our Mother's Day Tea with families. To all our wonderful mothers at The Gem, we cherish you deeply. Your love, strength, and gentle spirits enrich our lives every day, and we are so honored to celebrate you. Later in the month, we'll be treating everyone to a delightful Erma's Custard Outing on the 22nd, a perfect way to enjoy the sweet tastes of spring. Finally, on the 23rd, we will come together to remember and honor our heroes during our Memorial Day celebration.

To each and every one of you, thank you for the privilege of allowing me to serve you. Your warmth and heart are a constant inspiration, and I feel truly blessed to be a part of your lives. Warmly,

Sheri Sepanak Executive Director The Gem



BIRTHDAYS

Robert "Bob" H. - 3rd
Anna W. - 5th

EVENTS

Wednesday, May 7th. 2:30pm

Mother's Day Tea Party

Don your most fabulous spring bonnet and join us for a beautiful afternoon of celebration in honor of our wonderful Mother's. We will enjoy some sweet teas and parfaits along with fingers cookies. You won't want to miss it!

Thursday, May 22nd. 2:00pm

Erma's Frozen Custard Outing

It's that time of year again, when the weather warms up, we head to a favorite spot for mouthwateringly delicious custard.. Ermas! A long time local favorite and hidden gem in the community.

Friday, May 23rd. 2:30pm

Memorial Day Party w/ Tony Mitchell

Join us for a kickoff to summer and celebrate as we honor the many men and women who fought for us! We will sing a long to some great Patriotic songs and enjoy some sweet treats!

NEWS

May is a month full of movement, mystery, and meaningful moments! We'll start strong with National Fitness Day on May 3rd, so look out for fun ways to get active, stretch, and celebrate the joy of movement together. Throughout the month, we're also celebrating Mystery Month, so don't be surprised if you find secret clues, surprise guests, or a few puzzling twists in your favorite activities. We'll also take time to honor some very special people with our Mother's Day celebrations. Whether you're a mother, celebrating a mother, or cherishing the memory of one, it's a time to feel and share the love. And as May winds down, we'll pause for Memorial Day to reflect on and remember the brave individuals who served our country. From festive to reflective, this month is full of opportunities to connect, celebrate, and enjoy all the little surprises along the way.

NEW RESIDENTS

Edward "Jim" B.

Robert "Bob" H.



TOWN VILLAGE
STERLING HEIGHTS
A GRACE MGMT COMMUNITY



**"May, the month of sunshine, blooming flowers, and endless possibilities."
- Unknown**

MEET OUR TEAM

Sheri Sepanak- Executive Director
Christie Lassen- Wellness Director
Trisha Ginn- Senior Village Program Life Enrichment Manager
Paris Gentry- Business Office Manager
Suzanne McCallum- Sales Director
Stacey Jeffries- Dining Director
Jason Barbu- Maintenance Director

The Town Village Sterling Heights

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