

The Graceful Connection

MARCH 2025



Latest News from the Gem at Town Village Sterling Heights Newsletter

Hello Residents & Families,

A warm welcome to March at The Gem! As the days get a little longer and hints of spring are in the air, we have a month filled with fun and engaging activities planned for our residents. We're kicking things off with a delightful outing to the Northern Grind Coffee Shop on March 13th. It's a wonderful opportunity to enjoy a change of scenery and some delicious treats. Then, on March 14th, get ready to test your television knowledge with Chris and Christie as they host "Name That Classic TV Show"—a trip down memory lane filled with laughter and nostalgia. Of course, no March would be complete without celebrating St. Patrick's Day! Join us on March 17th for a festive party complete with green beer, soft pretzels, and plenty of delicious cheese. And finally, on March 24th, put your musical minds to work with Paris and I as we play "Finish That Song Lyric"—a chance to sing along and reminisce about some favorite tunes.

We are so incredibly grateful for the opportunity to serve each and every one of you. Your smiles and stories brighten our days, and we cherish the special bond we share.

We look forward to enjoying all these March activities with you!

Sheri Sepanak
Executive Director
Town Village Sterling Heights



BIRTHDAYS

Judith "Judy" K. - 4th
Lucy L. - 5th
James "Jamie" Y. - 10th
Clara F. - 16th
Alfreda K. - 24th

Anna M. - 25th
Wanda W. - 29th
Angiola "Angie" D. - 31st

E V E N T S

3/13/25 Northern Grind Coffee Shop Outing

Coffee, Tea, Hot Chocolate, Which is your favorite? You can choose from those and more at Northern Grind Coffee shop and Baked goods. One of those most beautiful and cozy shops in the area, snuggled up in down town Utica!

3/14/25 2:00pm Name that Classic T.V Show

Bonanza, Brady Bunch, The Lawerance Welk Show. Just to name a few Classic T.V shows that may appear in the Trivia game with our very own Nurse Christie and Chris from Town Village!

3/17/25 2:30pm St. Paddys Day Celebration

Erin Go Bragh! We are having an Irish Celebration! With live music by Tony Mitchell, green beer will be flowing and pretzels and cheese a plenty! Wear your green and we'll see you there!

N E W S

March is bringing all the good vibes with celebrations of strength, kindness, and a little bit of luck! We're kicking things off with International Women's Day (March 8), a time to honor the incredible women who inspire, lead, and uplift us every day. Whether it's a family member, friend, or historical trailblazer, take a moment to celebrate their impact. Then, on March 20, let's channel our inner Mr. Rogers for Won't You Be My Neighbor Day, a perfect reminder to spread kindness and build a sense of community—maybe with a simple smile, a helping hand, or a friendly chat. Of course, March wouldn't be complete without the festive fun of Mardi Gras (March 4), bringing beads, jazz, and a spirit of celebration, followed by the shamrock-filled cheer of St. Patrick's Day (March 17), where we could all use a little luck and maybe an extra excuse to wear green. However you celebrate with us this month, we hope it's filled with joy, connection, and plenty of reasons to smile!

NEW RESIDENTS

Judith K.



**TOWN VILLAGE
STERLING HEIGHTS**
A GRACE MGMT COMMUNITY



**“In March winter is holding back and spring is pulling forward.
Something holds and something pulls inside of us too.”
— Jean Hersey**

MEET OUR TEAM

Sheri Sepanak- Executive Director
Christie Lassen- Wellness Director
Trisha Ginn- Senior Village Program Life Enrichment Manager
Paris Gentry- Business Office Manager
Stacey Jefferies- Dining Director
Jason Barbu- Maintenance Director

The Town Village Sterling Heights

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