

# The Graceful Connection

## February 2025



### Latest News from the Gem at Town Village Sterling Heights Newsletter

Greetings Gem Family,

Get ready for a month of frosty fun, football, Valentine's vibes, and maybe a little friendly competition! February at The Gem is shaping up to be a real treat.

First up, we're throwing an "Axe-cellent" Friday on the 7th! That's right, we're bringing the Axe-citement indoors with a thrilling game of axe throwing. Don't worry, safety is our top priority!

Love is in the air! Our Valentine's Day Party on the 12th will be filled with sweet treats and heartwarming music. Get ready to show your love for your fellow residents with handmade cards and friendly smiles. Then, join us for our Valentine's Day Happy Hour on the 14th. Indulge in delicious chocolate-covered strawberries and enjoy a glass of non-alcoholic sparkling wine while we celebrate the joy of love and companionship.

And finally, we're taking a delightful outing to Blossom Café on the 13th. Enjoy a delicious meal and soak up the warm atmosphere of this charming local spot.

It's a privilege to serve such a wonderful community of vibrant individuals. Thank you for making every day an adventure!

Warmly,

Sheri Sepanak

**Executive Director** 

P.S. Don't forget to wear your favorite team colors for the Super Bowl!





















## **BIRTHDAYS**

Sybil C. - 22nd

February 12th 2:30pm- Valentine's Day Party w/ Pamela Edwards
Join for a sweet, heartfelt afternoon full of delicious treats, romantic tunes
sung by the beautiful Pamela Edwards, and being surrounded by the feeling
of love as we celebrate Valentine's Day together!

February 15th 11:30am- Cub Scout Pack 92 Visits!

Our Local Cub Scout Pack 92 will be coming in to visit and deliver handmade Valentines and some good cheer! Come down and see how cute they look in their uniforms and hear the Scout Oath!

February 27th, 2:00pm- Achatz Pie Outing Achatz, it sounds like Jackets! We will be venturing out for some of the best pie around! Whether you enjoy a fruit or cream pie there should be something for everyone, you will not be dissapointed!

February is a month full of opportunities to connect, celebrate, and care for one another. As we honor Black History Month, we'll explore the profound contributions of Black Americans through music, art, and storytelling. These activities remind us of the resilience and richness of our shared history. It's also American Heart Month, the perfect time to focus on wellness. Look forward to heart-healthy cooking classes, fun fitness activities, and tips for maintaining a vibrant, active lifestyle. This month also brings moments of joy and connection with Valentine's Day on the 14th and Random Acts of Kindness Day on February 17th which invites us to brighten someone's day with a simple gesture—it's a great way to spread cheer across our community! Sports enthusiasts can look forward to Super Bowl Sunday, where we'll gather for good food and great company to watch the big game. Later in the month, Ramadan begins, offering a chance to reflect on themes of community, gratitude, and compassion. Join us in making February a month of learning, kindness, and celebration.

#### **NEW RESIDENTS**





"In the coldest February, as in every other month in every other year, the best thing to hold on to in this world is each other."

— Linda Ellerbee

## **MEET OUR TEAM**

Sheri Sepanak- Executive Director
Christie Lassen- Wellness Director
Trisha Ginn- Senior Village Program Life Enrichment Manager
Paris Gentry- Business Office Manager
Jason Barbu- Maintenance Director
Stacey Jeffries- Dining Director
Logan Miller- Sales Director