

# The Graceful Connection

**January 2025**



## **Latest News from the Gem at Town Village Sterling Heights Newsletter**

Dear Residents & Families,

As we step into 2025, we're filled with hope, excitement, and a sprinkle of new-year magic here at The Gem. This January, we have a wonderful lineup of events that promise to make the start of the year truly memorable.

Kick off the month by joining us for the "Just Love Coffee" Outing on the 9th, where we'll share warm conversations and delicious brews to ignite our spirits and embrace the joys of the new year. Then, mark your calendars for the Winter Blues Bash on the 22nd, featuring the soulful tunes of Tony Mitchell. It's a perfect chance to beat the winter blues with heartwarming music and delectable food, all while enjoying the company of friends. Lastly, on the 24th, get ready for the delightful Dutch Apple Pie Cooking Demo. Let's learn the secrets to baking a mouthwatering pie and fill our hearts with the comforting aromas of homemade goodness.

Together, let's cherish these moments and look forward to a year filled with laughter, love, and countless opportunities to create beautiful memories. Here's to a fantastic 2025!

Warm regards,  
Sheri Sepanak



# BIRTHDAYS

Frank S. - 15th

# E V E N T S

Thursday, January 9th 2:00pm

Just Love Coffee Outing

In the heart of Shelby Township, Just Love Coffee is a bakery and coffee shop that should have something to satisfy everyone! Fresh baked goods and drinks galore, join us for a fun afternoon out!

Wednesday, January 22nd 2:30pm

Winter blues Bash w/ Tony Mitchell

Kick off those winter blues and enjoy some sweet tunes and great food as we celebrate the coldest time of year with some heat!

Friday, January 24th 2:00pm

Cooking Demo: Dutch Apple Pie

Whether you are a seasoned baker or someone that has never tried before this cooking demo is for you! We will gather and get tips and tricks along with step by step instructions on how to make the perfect Crumbly Dutch Apple Pie. After the demo we will enjoy a fresh hot slice!

# N E W S

What better way to start the year than with a big dose of inspiration, imagination, and connection? January is International Creativity Month, and we're ready to jump into all kinds of fun activities—whether it's getting hands-on with crafts, trying out a new game, or letting your imagination run wild. Mid-month, we'll turn the spotlight on our incredible team during National Activity Professionals' Week (January 21-27). These unsung heroes keep our days filled with joy and engagement, so we'll be celebrating them with lots of love and gratitude. To cap it all off, Inspire Your Heart With Art Day (January 31) invites us to slow down and enjoy the beauty of art through painting, music, storytelling, and other creative outlets that lift the spirit. Let's kick off 2025 with plenty of laughter, connection, and moments that make this community truly special!

## NEW RESIDENTS

James Y.



TOWN VILLAGE  
STERLING HEIGHTS  
A GRACE MGMT COMMUNITY



**“JANUARY,  
The first month of the year, A perfect time to start all over again, Changing energies  
and deserting old moods, New beginnings, new attitudes”  
— Charmaine J Forde**

## MEET OUR TEAM

Sheri Sepanak- Executive Director  
Christie Lassen - Wellness Director  
Trisha Ginn - Senior Village Program Life Enrichment Manager  
Paris Gentry - Business Office Manager  
Stacey Jeffries- Dining Director  
Jason Barbu - Maintenance Director

**The Town Village Sterling Heights**

4500 Dobry Dr Sterling Heights, MI 48614 | (586) 803-0900