

# The Graceful Connection

**September 2024**



## **Latest News from the Gem at Town Village Sterling Heights Newsletter**

Welcome to September!

As we transition from summer to fall, we have some exciting events lined up for our community. Here's what's happening this month:

Join us, on September 4, as we bid farewell to summer with a fun-filled End-of-Summer bash! There will be music and delicious treats for everyone to enjoy. Let's make the most of the last days of summer together! We are also thrilled to celebrate National Assisted Living Week (September 9th through September 13th) with a special theme each day. This year's theme is "Decades," and we have some fantastic activities planned. There will be a special Event on Friday- a Group Family Photo and End of the Week Celebration. Dress up in your favorite decade's attire and join us for a memorable photo session followed by a celebration to wrap up the week! Finally, to kick off the fall season, we have planned an outing to Yates on September 26. Enjoy the beautiful fall foliage, fresh air, and a day of fun activities.

We look forward to seeing you at these events and making wonderful memories together. Thank you, as always, for the opportunity to serve you and your family.

Warm regards,  
Sheri Sepanak  
Executive Director



## BIRTHDAYS

Laura B. - 3rd



*Inspiring* GENERATIONS

NATIONAL ASSISTED LIVING WEEK® • SEP 8-14, 2024

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# E V E N T S

## National Assisted Living Week- Inspiring Generations

We will be rocking through the decades all week long! Each day will be a different decade with a fun activity around that decade. Friday will be the finishing party of a fun week, with a family photo on the front lawn followed by a weekend celebration!

## Yates Cider Mill Outing- Thursday, September 26th 2pm

To celebrate the first week of fall we will be venturing out to one of the oldest cider mills in Michigan, the ever so popular Yates! We will be able to savor their fresh donuts and cider as we enjoy the views of the Clinton river. What a way to kick off the fall season!

# N E W S

September is a significant month in our community as we recognize both World Alzheimer's Month and National Assisted Living Week as our Featured Celebrations. This year's theme for National Assisted Living Week is "Inspiring Generations," a reminder of the lasting impact we have on each other across all ages. Throughout September, we'll raise awareness about Alzheimer's disease, emphasizing the importance of understanding and supporting those affected. Then, in line with the theme of Inspiring Generations, we'll celebrate the heart of our community during National Assisted Living Week—our residents, families, and dedicated team members—by visiting the decades of the a generation and celebrating with fun daily events centered on each decade. We will also be inviting you to share your wisdom to inspire and connect with future generations. Join us for a series of events and activities designed to educate, inspire, and bring us closer together as we honor the generations within our community.

## NEW RESIDENTS

**Anita P.**  
**Joann D.**  
**Carole Q.**



TOWN VILLAGE  
STERLING HEIGHTS  
A GRACE MGMT COMMUNITY



**"September tries its best to have us forget summer!"  
— Bernard Williams**

## MEET OUR TEAM

Sheri Sepanak- Executive Director  
Christie Lassen- Wellness Director  
Trisha Ginn- Senior Village Program Life Enrichment Manager  
Paris Gentry- Business Office Manager  
Stacey Jefferies- Dining Director  
Jason Barbu- Maintenance Director  
Logan Miller- Sales & Marketing Director

**The Town Village Sterling Heights**

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