

# The Graceful Connection

**July 2024**



## **Latest News from Town Village Sterling Heights**

Sunny July Greetings,

As we dive into the heart of summer, let's splash into this month with a wave of activities, tips and a whole lot of sunshine.

With the mercury rising it's crucial to stay hydrated. Remember, if you're thirsty, you're already dehydrated! Keep a bottle of water handy and let's keep those hydration levels afloat! And, while we love the sun, let's not forget our invisible shield - sunscreen! Apply generously and often, especially before our outdoor events or while spending time outdoors.

Get ready to celebrate our nation's independence with a bang! Join us on Wednesday, July 3rd, for an explosive Independence Day Party. The Sounds of Music Band will be performing with tunes that'll make you want to declare independence from your seat! On Wednesday, July 17th, we're off to the races! Not only will we be raising funds for the noble Gleaners Food Pantry, but we'll also enjoy the thrill of horse racing. Place your bets on fun, because everyone's a winner when it comes to charity!

Let's make this July one for the memory books. Stay cool, stay protected, and above all, stay fabulous!

Sheri Sepanak  
Executive Director



**Walda H. & Marie T. enjoying the Detroit River Cruise.**

## **MEET OUR TEAM**

Sheri Sepanak-Executive Director  
Paris Gentry-Business Office Manager  
Stacey Jeffries-Dining Services Director  
Jason Barbu-Maintenance Director  
Chris Orlando-Life Enrichment Director  
Logan Miller-Sales Director



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**The Town Village Sterling Heights**

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