

The Graceful Connection

MAY 2024



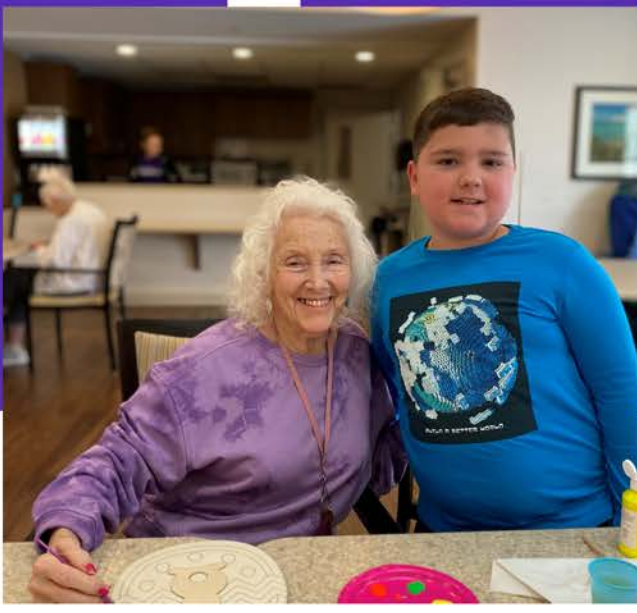
Latest News from the Gem at Town Village Sterling Heights Newsletter

Dear Gem Residents & Families,

Welcome Spring- the season of renewal that brings with it a sense of rejuvenation and the perfect opportunity to create new memories together. Let's embrace the longer days and warmer weather as we continue to share joy and companionship within our wonderful community. Please mark your calendars for our Mother's Day Tea on May 8, a trip to Erma's Frozen Custard on May 16th and a fun wine tasting on May 24th. Oh, and don't forget our celebration of World Bee Day on May 20th where we'll make a fun beeswax craft or if you're not into Bees, you can buzz around in our beautiful courtyard and enjoy some fresh spring air.

As we move forward into the Spring months, let's carry with us the spirit of community and the joy of shared experiences. Here's to making more memories and enjoying each day to the fullest.

Sheri Sepanak
Executive Director



BIRTHDAYS

Anna W. - 5th
Michael A. - 8th
Lottie B. - 15th

E V E N T S

Mother's Day Tea May 8th, 2:30pm

Join us as we celebrate all of our wonderful mother's and women. We will gather together and enjoy the sweet sounds of live cello music and enjoy tea and parfaits. Don't forget your beautiful floral bonnets!

Erma's Frozen Custard Outing May 16th, 2:00pm

Erma's frozen custard has been a popular sweets spot in our community for over 75 years. We will be going for our first stop of the summer, join us for the best custard around!

World Wine Day, Wine Tasting. May 24th, 2:00pm

Which wine favorite? Do you prefer a sweet red, a tart white, a rose perhaps? We will be sampling Non-acholic variety and picking a favorite.

N E W S

Welcome to the month of May! We are celebrating Older Americans Month! This was established in 1963 by President Kennedy and the National Council of Senior Citizens, back when there were 17 million Americans over the age of 65. Today, there are 62 million Americans over age 65 – how incredible! Older American's Month has long been a time to celebrate and acknowledge the contributions of past and current older persons to their communities and to society. This is also a great time to remember that age is a state of mind, and today's elders are not shrinking violets, but vibrant, interesting, and fun people to celebrate! There is even a new movement called, Old People are Cool, which continues to celebrate older adults during Older Americans Month and all year long. Check in with your Life Enrichment team to see how we are celebrating Older Americans this month and stay cool!

NEW RESIDENTS



TOWN VILLAGE
STERLING HEIGHTS
A GRACE MGMT COMMUNITY



**"May, the month of sunshine, blooming flowers and
endless possibilities."
-Unknown**

MEET OUR TEAM

Sheri Sepanak- Executive Director
Christie Lassen - Wellness Director
Trisha Ginn- Senior Village Program Life Enrichment Director
Paris Gentry- Business Office Manger
Stacy Jefferies- Dining Services Director
Jason Barbua- Maintenance Director

The Town Village Sterling Heights

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