

# The Graceful Connection

**APRIL 2023**



## **Latest News from the Gem at Town Village Sterling Heights Newsletter**

Dear Residents, Families and Friends,

As the days grow longer and the flowers bloom, we more than welcome the delightful season of spring. Here at The Gem, we have an exciting lineup of events and activities to celebrate this vibrant time of year. Let's dive into a couple of my favorite events! Please join us for our annual "Spring Break Party" on April 24th. And like any Spring Break Party, remember, what happens at The Gem, stays at The Gem 😊. We are also celebrating Earth day on April 22nd by starting our seedlings for our beautiful outdoor garden.

Spring is a time of renewal, growth, and connection. Let's embrace it wholeheartedly and create cherished memories together. Wishing you a blooming April filled with joy and laughter! Thank you for allowing me the continued opportunity to serve you and your loved ones.

Sheri Sepanak  
Executive Director





# BIRTHDAYS

- Sylvia L. - 15th
- Norma O. - 23rd
- Agnes Z. - 27th
- Fern K. - 28th



# E V E N T S

Friday, April 12th. 2:00pm

Paint Bird Houses

Spring is officially here and we have the craft to celebrate! Everyone will get the chance to be creative and paint a beautiful bird house to help welcome the birds home for spring!

Thursday, April 18th. 2:00pm

Screamers Ice Cream Outing

Join us as we gather for our first official ice cream parlor outing of the year! We will visit one of our favorite local owned shops and enjoy all the sweet treats they have to offer as we enjoy the cozy ambiance of there shop.

Monday, April 22nd. 2:00pm

Planting Seedlings

In honor of Earth Day we will be getting in touch with nature, in a way. We will be planting our seedlings for our gardens! Everyone will be able to get their hands in the dirt and help prepare for warmer weather.

# N E W S

April is a month of fresh starts and bright beginnings as Spring has sprung! As we soak up that early sunshine, there is so much we can do this month from getting in the garden, learning about poetry and jazz, or giving back to the community. This month we have two important Featured Celebrations - National Volunteer Month and Earth Day on April 22nd. We hope to honor the volunteers who give their time and talent to us here at the community by sharing our thanks and appreciation. Similarly, we also want to renew our Graceful Giving opportunities for our residents and families to have a chance to volunteer their time and talent to worthy community-wide causes. If you have a worthy cause to share, please see your Life Enrichment Director! Earth Day is celebrated on April 22nd and has been honored for over 50 years now to remind us to care for and conserve our plant. This year's theme is Plant vs. Plastics to bring attention to the health risks of plastic pollution to our planet and us! Learn from your Life Enrichment team about how you can observe Earth Day here in the community.

## NEW RESIDENTS

**Anna W.**  
**Dorothy M.**





TOWN VILLAGE  
STERLING HEIGHTS  
A GRACE MGMT COMMUNITY



**"Our Spring has come at last with the soft laughter of April  
suns and shadow of April showers."  
-Byron Caldwell Smith**

## MEET OUR TEAM

Sheri Sepanak- Executive Director  
Christie Lassen- Wellness Director  
Trisha Ginn- Senior Village Program Life Enrichment Manager  
Paris Gentry- Business Office Manager  
Stacy Jefferies- Dining Director  
Jason Barbua- Maintenance Director

**The Town Village Sterling Heights**

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