

The Graceful Connection

JANUARY 2024



Latest News from the Gem at Town Village Sterling Heights Newsletter

Welcome 2024!

As we welcome in the new year, I want to take a moment to reflect on the past year and express my gratitude for the opportunity to be a part of this wonderful community. Every year presents its own challenges, but we always come together to support each other and make wonderful new strides, memories and relationships.

This year, I hope that we can continue to support each other and create new memories together. I wish you all a happy and healthy new year filled with joy, love, and laughter. Thank you, once again, for the opportunity to serve you. I am so blessed to share in your days.

Sheri Sepanak
Executive Director



BIRTHDAYS

Frank S. - 15th

E V E N T S

Thursday, January 18th. 2:00pm

Northern Grind Coffee Shop Outing

We will be traveling to the historic downtown Utica for a wonderful visit to the warm and cozy Coffee shop, Northern Grind. We will enjoy some fresh baked goods and warm drinks. Perfect for the cold January weather!

Friday, January 26th 2:30pm

Staff Talent Show

We get to see how truly talented our staff are everyday. But now is a chance to see their hidden talents at a staff talent show! There may be singing, dancing and much more!

Wednesday, January 31st 2:30pm

Winter Blues Bash w/ Kenny Gilmore

Let's help melt those winter blues away with the Winter Blues Bash! We will enjoy the fresh sounds of blues music and sweet treats. All with the beautiful winter background.

N E W S

Happy New Year and Welcome to 2024! It is such an exciting time of year and a time to reflect, rest, and set resolutions for the year ahead. Whether your focus is to support your physical well-being, learn something new, or to be more connected with others, we can help with that! This month we are celebrating National Hobby Month and what a perfect time to refocus on the things that bring you joy or to challenge yourself to try something new. Connect with your Life Enrichment team to learn about how you could try a new hobby or share your skills with others this month. We are also excited to celebrate National Fun at Work Day on January 26th, so please feel free to join in the fun with the teams at the end of the month!

NEW RESIDENTS

Margaret P.



TOWN VILLAGE
STERLING HEIGHTS
A GRACE MGMT COMMUNITY



“JANUARY, The first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, New beginnings, new attitudes” — Charmaine J Forde

MEET OUR TEAM

Sheri Sepanak- Executive Director
Christie Lassen- Wellness Director
Trisha Ginn- Sr. Village Program Life Enrichment Manager
Paris Gentry- Business Office Manager
Stacy Jefferies- Dining Director
Julie Nobles- Sales & Marketing Director
Jason Barbu- Maintenance Director

The Town Village Sterling Heights

4500 Dobry Dr Sterling Heights, MI 48614 | (586) 803-0900