

The Graceful Connection

FEBRUARY 2024



Latest News from the Gem at Town Village Sterling Heights Newsletter

Happy February,

Winter is in full speed and we have lots of warm and fuzzy indoor fun for you this month at The Gem. The Gem is FULL of love so it should come as no surprise that we're living it up on Valentine's Day. The sweetness is a theme all week as we have Paczkis galore and a chocolate taste test event on the 16th. February's calendar is exploding with fun so make sure to check it out! We remain in the height of cold and flu season so please remember to remain at home if you're sick or contagious. Our Gem family is quite vulnerable, so this courtesy is much appreciated.

Thank you for being a part of the Gem family. We're so blessed to serve you!

**Sheri Sepanak
Executive Director**



BIRTHDAYS

Sybil C. - 22nd
Barabra G. - 26th
Ron W. - 27th

E V E N T S

Friday, February 9th.

Valentines I Love you Heart Craft 2pm

Join us as we gather and get creative as we chat about things we love. We will create beautiful hearts and flowers that we can share with someone you love during such a romantic season.

Tuesday, February 13th. 2:30pm

The Spoon Man Show

As seen on America's Got Talent, we will get to partake in a one of a kind show that mixes comedy and spoons. Join us and see what the buzz is about.

Thursday February 29th. 2:00pm

Sterling Heights Nature Center Outing

Take a walk on the wild side with us as we venture out to our local Nature center. Our residents will be able to see, touch and feel some of our local plants and wildlife. A great chance to learn about our local community!

N E W S

February is a month of many celebrations; love, heart health, chocolate, bird feeding and more! This month, across Grace Communities, we are featuring the monthly observation of Black History Month. We honor this celebration in February because of the birthdays of Frederick Douglass, a man who was enslaved and became key American abolitionist, orator, and statesman, and Abraham Lincoln, the 16th president and advocate of emancipation. We have consistently celebrated Black History month since 1976 and is a time to learn about and celebrate the rich cultural contributions of Black Americans. African and Caribbean influence flavor both the foods we eat and the art and music we enjoy. Jazz, blues, hip hop and other musical styles all have their roots firmly in the history and artistry of Black Americans. Connect with your Life Enrichment teams to see how your community is celebrating Black History Month this February!

NEW RESIDENTS

Margaret S.

Ron W.

Virginia M.



TOWN VILLAGE
STERLING HEIGHTS
A GRACE MGMT COMMUNITY



**"Though February is short, it is filled with lot's of love and sweet surprises.
-Charmaine J. Forde**

MEET OUR TEAM

Sheri Sepanak - Executive Director
Christie Lassen - Wellness Director
Trisha Ginn - Senior Village Program Life Enrichment Manager
Paris Gentry - Business Office Manager
Stacy Jefferies - Dining Director
Julie Nobles - Sales Director
Jason Barbua - Maintenance Director



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